



# HAPPY HANDS

## WONDERING

### How can I safely greet my friends and family?

Our hands say many things. We can welcome someone over, wave goodbye or speak to someone in sign language. We also touch with our hands. We hold hands with our family and friends. We pet our dogs and cats. And we can extend our hands to others.

Around the world, the handshake is a common greeting. It can say "Welcome" or "I trust you." It can also be a way to say "I agree with you" or just "Goodbye for now."

Our hands can also spread bacteria and viruses. Because we are fighting viruses in this pandemic, we need to think about how we share our hands with others. This is why you should not shake hands right now. For now, we need to share our hands in different ways. That doesn't mean we don't like or trust our friends and family, but we need to be more careful. First, wash them regularly like you learned on the video. And then create a Happy Hands picture to share with your family and even post in the window for others to see!

## ACTIVITY

Before we get started, wash your hands like you learned in the video! Dry them well on a towel. Then place your hand flat on a piece of paper and draw its outline, tracing the shape of your hand carefully. Now move your hand a little bit one way or the other and change the position of your fingers. Draw several overlapping outlines with different colors. Color the shapes in between the lines with different colors. If you have space on your drawing, you can add a greeting in your language.

## MATERIALS

- Paper
- Markers, crayons or colored pencils

### EXTRA CREDIT!

You can attach your colorful drawing to your window to cheer up people walking by or send it to family or friends you miss and who are not with you now.

